



## LIGHTS! CAMERA! ACTION!

### Getting Your Freestyle Routine Ready for Competition *A Seminar by Laura Niven-Ormsby and Shari Heino*

Austin Canine Central

Saturday, August 14, 2010, 9:00 AM to 5:00 PM

Limit: 15 Working Teams (\$80 each)

Auditors unlimited (\$60)

Contact: Shari Heino, [sheino01@gmail.com](mailto:sheino01@gmail.com), 512-693-1488

**Prerequisites:** This course is intended for handlers and dogs who have had at least basic training in the sport of freestyle and are preparing a routine for competition.

**Focus:** Getting your routine ready for competition under the rules of the World Canine Freestyle Organization (WCFO) (<http://www.worldcaninefreestyle.org/>). *All teams will receive individualized attention to help improve their routines.*

**What we will do:** Every working team will get an opportunity to perform their routine as if in competition (except you may bring food into the ring, if you like). We will video the routine and Laura, a WCFO judge, will provide scoring and comments just as if you had actually entered the routine in competition. Shari and Laura will also provide feedback for improving the routine. Participants will be encouraged to assist each other, as well, in providing feedback. After all participants have had a chance to perform their routines, as a group, we will have training activities to improve performance in the ring and work on new behaviors to put into our routines. If you do not yet have a routine ready, you may still participate by bringing music you are interested in using and playing with your dog in the ring while the music is playing.

#### Other special weekend activities for seminar attendees:

- Saturday night – Movie night at Shari’s house (watch freestyle videos!)
- Sunday morning brunch – Freestyle Q&A with the instructors (10:00 AM, location TBD)
- Sunday afternoon – FIELD TRIP! – costume shopping at the best costume shop in Austin
- Out of town guests may leave their dogs crated at Shari’s house for these activities

**Laura Niven-Ormsby** is a WCFO competitor and judge. Voted Judge of the Year for WCFO in 2008, she is passionate about the sport of freestyle and loves to help others reach their goals. She has been competing in freestyle since discovering the sport in 2004. She competes with her Australian Shepherd TillyBelle, her senior sheltie Jakey and has a new freestyle partner - her miniature poodle Twister whom she adopted while shopping at Petsmart. All of her dogs are rescue dogs that she adopted as adults, so she is well versed in the challenges that some dogs can bring to the training ring. With positive methods and incorporating fun into your training sessions she helps competitors of all ages and experience levels raise their success in the freestyle ring.



**Shari Heino** has been training dogs for most of her life. She has earned a variety of titles in freestyle, agility and flyball with her dogs. She has been teaching freestyle since the fall of 2007. Her prior dog training instruction experience includes teaching all levels of agility classes and developing a clicker-based curriculum for an entire agility training program. Shari has been competing in WCFO freestyle for about two years. She has put freestyle titles on four dogs so far and currently has one dog competing in the advanced level and two at the intermediate level. In addition to titles and placements, Shari and her dogs have received many special awards for their creative moves, choreography and musical interpretation at competitions. Most of Shari’s dogs are rescue dogs. Shari has a background in ballroom dancing and extensive popular musical knowledge thanks to her experience as a mobile DJ.



**Location:** The seminar will be held in the air-conditioned training room at Austin Canine Central ([www.austincaninecentral.com](http://www.austincaninecentral.com), 5402 Middle Fiskville Road, Austin, TX 78751). The training room has a padded floor and is about 40’ by 100’. Folding metal chairs are available, but you might want to bring something more comfortable. If you need hotel recommendations, please contact Shari.

**What to bring:** Yourself, your dog, a crate, training aids (clicker, treats, toys, etc.), your costume, your music (on CD or Ipod) and any props. You may email your music to Shari ahead of time if you prefer. If your dog is reactive to other dogs, please let us know so we can accommodate you.

**Food and Drinks:** We will provide donuts and coffee for breakfast, water bottles all day, and pizza for lunch on Saturday. Please be sure to bring any other food or drinks you might want.

-----  
**Registration - Freestyle Seminar by Shari Heino and Laura Niven-Ormsby  
August 14, 2010 at Austin Canine Central, Austin, Texas**

Handler's Name: \_\_\_\_\_

Phone No: \_\_\_\_\_ Email: \_\_\_\_\_

Dog's Name, Breed, and Age: \_\_\_\_\_

Prior Freestyle Experience: \_\_\_\_\_

**Circle One:**    \$80 working team                      \$60 auditor

Mail registration form with payment made out to Shari Heino to: **1200 Begonia Ter, Austin, TX 78741**. Paypal also accepted -- Use weezels@hotmail.com and add \$3 for processing charges if using Paypal.

**LIABILITY WAIVER**

**1. UNDERSTANDING OF RISK.** I UNDERSTAND THAT PARTICIPATION IN THE CANINE FREESTYLE TRAINING ACTIVITY LISTED ABOVE ("THE ACTIVITY") IS NOT WITHOUT INHERENT RISKS DUE TO THE PHYSICAL NATURE OF DOG TRAINING AND SPORTS AND BECAUSE ANY DOG MAY HAVE THE ABILITY TO CAUSE INJURY. I ALSO UNDERSTAND THAT BRINGING DOGS TOGETHER CAN LEAD TO TRANSMISSION OF CERTAIN DISEASES AMONG DOGS, AND I TAKE FULL RESPONSIBILITY FOR PROTECTING AND/OR TREATING MY DOG FOR ANY DISEASE(S) TO WHICH MY DOG MAY BE EXPOSED WHILE PARTICIPATING IN THE ACTIVITY. I ACKNOWLEDGE FULL RESPONSIBILITY FOR ANY DOG I BRING TO THE ACTIVITY.

**2. NO SPONSOR, INSTRUCTOR, PREMISES OWNER, TENANT LIABILITY.** I AGREE THAT I BEAR ALL RISK IN PARTICIPATING IN THE ACTIVITY. I FURTHER AGREE THAT SHARI HEINO, LAURA NIVEN-ORMSBY AND ANY OTHER ACTIVITY SPONSORS OR INSTRUCTORS, AND THE OWNER(S) AND TENANT(S) OF THE FACILITY (E.G., AUSTIN CANINE CENTRAL) IN WHICH THE ACTIVITY OCCURS, AND ANY AGENTS OF SUCH PARTIES SHALL HAVE NO LIABILITY WHATSOEVER FOR ANY LOSS, DAMAGE, OR INJURY TO MYSELF, MY CHILDREN, ANY DOG IN MY CUSTODY OR MY PROPERTY, REGARDLESS OF HOW CAUSED, EVEN IF NEGLIGENTLY OR WILLFULLY CAUSED, OR BY WHOM.

Signature (Parent or guardian if a minor): \_\_\_\_\_

Printed name: \_\_\_\_\_ Date: \_\_\_\_\_